

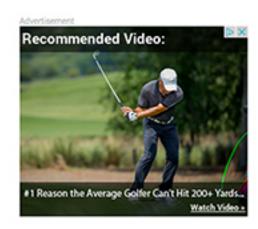


Student Life NEWS SPORTS FORUM SCENE CADENZA



Women's soccer draws with Emory in top-5 clash

A goal in the 14th minute for the No. 1 Washington University women's soccer team gave rise to thoughts of last season's win at Emory University, when the Bears jumped out to an early lead and stood firm for a 1-0 victory. This time



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Photo sneak peek: Sukkah City takes shape



How similar is too similar?: Songs that kinda sound the

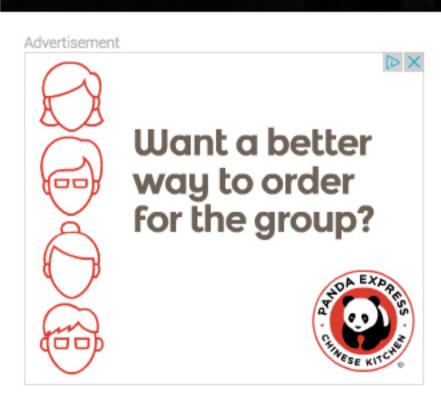
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Seven bands you should discover at LouFest

One of the best parts of LouFest's relatively small space is that it's easy to get from one stage to the next, allowing for effortless show-hopping, whether you want to hit up a headliner at the Forest Park Stage or lie back and discover someone totally new while cooling off at the Shade Stage.

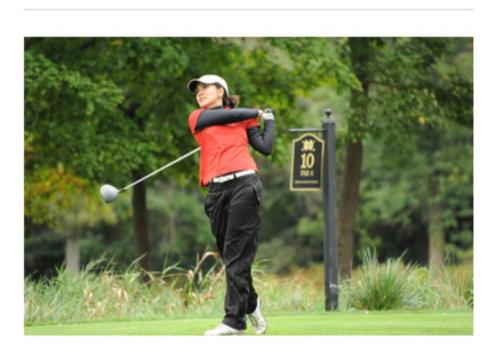


Volleyball aims to reclaim national dominance, title

The team's No. 11 ranking is its lowest ever in a preseason poll, but most of last year's key players return and give the Bears hope for another run to a championship.

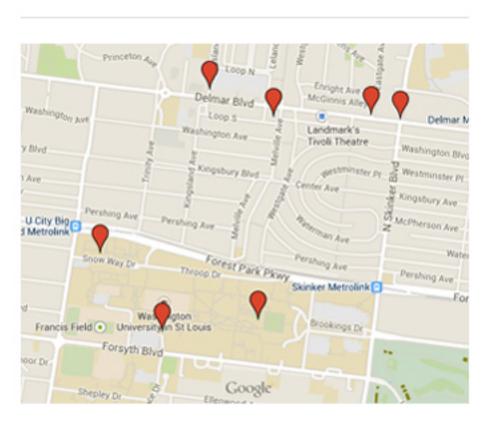
Unrecognized new mailroom email address brings vocal student dissent, confusion

Missing Peggy Smith emails? Don't worry, she's still around-and hopefully the emails will be back soon.



Women's golf ready to tee off new season with old faces

Under the direction of seventh-year head coach Sean Curtis, Wash. U. will look to start the fall season on the right foot as they look to repeat as the tournament's champions.



Your First 40 freak-outs: Food to-do list

While nothing can replace your mom's cooking, certain foods in St. Louis are not to be missed. There are just as many cuisines in proximity to campus as there are unique cultures represented among the student body.

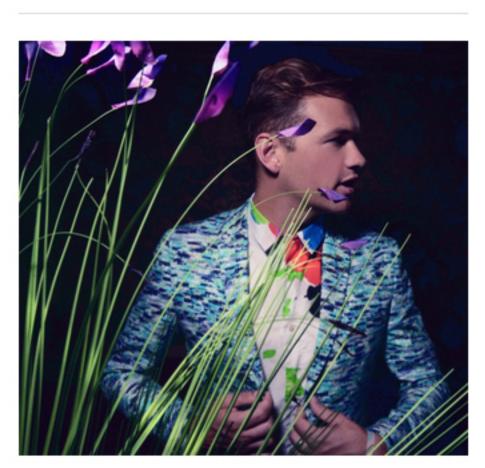


Flooding in Lofts building raises concerns over quick construction

Students attempting to walk into one of the Lofts buildings on Wednesday night were greeted instead with a roped-off lobby and around two inches of water on the floor.

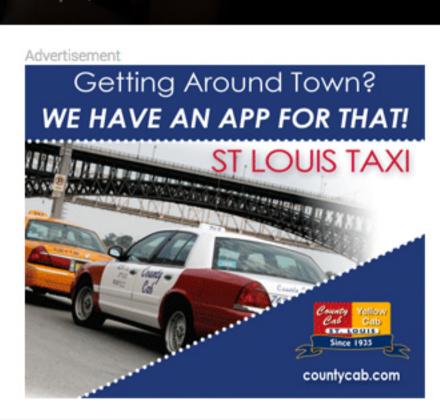
We are all Washington University: Thoughts on discourse, privilege and responsibility

We are the lifeblood of this University, and we need to remember that fact when our University responds to challenges.



Now Hear This!: St. Lucia at The Firebird

If you missed St. Lucia playing the Gargoyle last semester-maybe you were abroad or your evening power-nap turned into a four-hour marathon-or you just enjoyed his last show so much that you can't miss the opportunity to see him again, now's your chance.

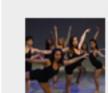


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Cram for LouFest with our handy playlist

20 ways to procrastinate at Wash. U.



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Student Life @studlife 25m Stay tuned to both our and @WUSTLSPB's social media tonight at 9 pm to find out the full Fall WILD lineup!



Student Life @studlife 1h Chance the Rapper performed at Chaifetz on Saturday, and apparently he was much better than he was at last fall WILD: studlife.com/cadenza/music/... Expand



WUSTL SPB @WUSTLSPB 1h The full Fall WILD 2014 lineup will be revealed at 9pm tonight! Stay tuned! ♣₽ Retweeted by Student Life Expand



Student Life @studlife 2h Freshmen: Still struggling to make new friends on campus? Scene's "Claudia's

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A definitive ranking of Jamba Juice smoothie options

Zach Kobrin

September 28, 2014





On Friday, I went on a casual quest to rank the Jamba Juice smoothie options. Jamba Juice, which has assimilated into Café Bergson in the DUC, has eight smoothie flavors (three dairy free, five with dairy), and I would be sampling all of them. Little did I know the generous DUC employees would be giving me eight full-size smoothies.

I suddenly realized this was turning out to be a juice cleanse.



Here are all the smoothie samples. #JuiceCleanse

There was much suffering involved, but here is the definitive ranking of Jamba Juice smoothies.

8. Orange Blast

Calories: 190

Orange Blast, more like Orange Bleh. Orange Blast, more like Orange Blast of Tartness. Orange Blast, more like Orange You Glad I'm Warning You About This Flavor. You get the point – this smoothie was not very good. It was wayyyyy too tart and really didn't taste like oranges. I cringed in public, but my cries for help were diminished by Fox News playing on the flat-screen.

7. Strawberry Whirl

Calories: 220

This smoothie is a 10! On the pH scale – basic. It was one-dimensional, but it was still better than Orange Blast because it didn't cause me to regret every life decision I ever made. This is a good smoothie for people that don't like to drink smoothies!

6. Orange-a-peel

Calories: 280

There is some appeal to this smoothie – it is certainly better than its ugly cousin Orange Blast.

This smoothie is not nearly as potent and tastes like oranges and bananas, but more like bananas, which is ironic because it's an orange smoothie.



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